

## EGGS & THREE EGG OMELETTES

Served with Your Choice of: Bagel or Toast AND HomeFries, Tomatoes, Grits or Oatmeal, Egg Whites or Additional Egg **+\$2**, Cheese **+\$2**, Fruit or Israeli Salad **+\$3.75**, GF Bagel or Toast **+\$2.50**

Two Eggs	11.99	Eggs Benedict *	16.99
Three Eggs	13.49	Poached Eggs on English Muffin with Canadian Bacon and Hollandaise Sauce	
Spanish Omelette	16.49	Israeli Eggs Benedict *	18.95
Plain Omelette served with Salsa		Poached Eggs on English Muffin with sliced Nova and Hollandaise Sauce	
Mexican Omelette	16.49	Eggs Florentine *	16.49
Onions, Jalapenos, Cheddar Cheese, and Salsa		Poached Eggs with Spinach, Feta, and Hollandaise	
Vegetable Omelette	17.49	Nova or Lox, Eggs & Onions *	18.49
Onion, Green Peppers, Broccoli, Spinach, Mushrooms, Tomatoes		Sliced Nova or Lox & Eggs *	20.49
Greek Omelette	13.95	Matzoh Brei	12.99
Spinach, Olives, Feta Cheese		served with Apple Sauce or Sour Cream	
Western Omelette	16.49	Onions <b>+\$1</b> Salami <b>+\$6</b> Nova or Lox <b>+\$6</b> Lox and Onions <b>+\$6</b>	
Ham, Onions, Green Peppers		Corned Beef Hash and Eggs *	17.99
Meat Omelette	19.49	Steak and Eggs *	22.99
Choice of Bacon, sausage, turkey sausage, Corned Beef, Pastrami, Canadian Bacon, or Salami			

## CHALLAH FRENCH TOAST, PANCAKES, AND WAFFLES

Sliced Banana **+\$2**, Chocolate Chips **+\$2.25**, Pecans **+\$3.25**, Strawberries **+\$3.50**, Blueberries **+\$3.50**,  
Two Eggs **+\$5**, Bacon, Sausage, Turkey Sausage or Ham **+\$5.50**

Short Stack (2)	9.99	Corn Flake French Toast	13.99
Pancakes (3)	12.99	Cinnamon Almond French Toast	15.95
Waffle	10.49	2+2+2	16.99
French Toast	13.99	2 Eggs, Bacon or Sausage, Pancakes or French Toast	

## CEREAL

Sliced Bananas **+\$2** Mixed Berries **+\$3.50**

Hot or Grits  
Cup 6.49 Bowl 8.99

	FRUIT		
	Cup	7.49	Platter
1/2 Cantaloupe or Honeydew			15.49
Strawberries, Blueberries or Mixed Berries			7.99

## BAGELS AND BREAKFAST SANDWICHES

Plain, Sesame, ET, Onion, Garlic, Poppy, Wheat, Wheat ET, OatBran, Cinnamon Raisin, Pumpernickel, 7 Grain, Salt, Bialy, Seasonal Flagel, Poppy Flagel, ET Flagel, Sesame Flagel, Onion Board, Onion Pocket or GLUTEN FREE Plain **+\$2.50**

Butter, PB, or Margarine and Jelly Schmear	3.99	Vegetable, Chive, Strawberry, Olive, Jalapeno or Cream Cheese	6.99
Plain Cream Cheese	5.49	Plain or Chive Tofu Cream Cheese	9.99
Low Fat Cream Cheese	5.49	Nova Cream Cheese *	9.99
Egg and Cheese	11.99	Sliced Nova or Lox *	19.99
Hammy Miami	17.49	Breakfast Burrito	14.95
Choice of Cheese and Bacon, Sausage, Turkey, or Ham		Choice of Spinach, Mushrooms, Onion, Tomato, Jalapeno	

Add-Ons : Cheese **+\$1.95**, Bacon, Sausage, Turkey Sausage or Ham **+\$4.50**



## SMOKED FISH AND COLD PLATTERS

Served with Your Choice of Bagel, Lettuce, Tomato, Onion, Cucumber, Carrots and Choice of Cream Cheese

Egg Salad *	16.49	Nova or Lox Platter	26.49
Baked Salmon Salad	22.49	Sable or Sturgeon Platter	29.99
Tuna Salad	17.99	Baked Salmon Platter *	29.49
Veggie Tuna Salad	18.99	Creamed Herring Platter *	16.49
Seafood Shrimp Salad	19.49	Chopped Herring Salad *	16.49
Chopped Liver	17.49	Kosher Chicken Salad *	15.95
Whitefish Salad *	21.49	Daily Double *	27.99
Whitefish Platter *	22.99	Choice of any 2 Salads and choice of Cream Cheese	
2 Fish Combo *	49.99		
Your combination choice of Nova, Lox, Whitefish, Sable, or Baked Salmon			

## CLASSIC DELIGHTS

Potato Pancakes (3)	11.99	Noodle Pudding	7.95
Choice of Apple Sauce or Sour Cream		Potato Knish	6.49
Cheese Blintzes (3)	16.99		
Choice of Sour Cream, Blueberry or Apple Sauce			

## SANDWICHES

Served with Your Choice of Cole Slaw or Potato Salad or French Fries or Sweet Potato Fries **+\$2.25**,  
Israeli Salad **+\$3.75**, Cheese **+\$1.95**, Wrap **+\$1.50**, Flagel, Onion Board, Onion Pocket or GLUTEN FREE **+\$2.50**

Hot Pastrami	19.99	Brisket	19.99
First Cut Pastrami	19.99	Roast Beef Kosher	19.99
Hot Corned Beef	19.99	Hard Salami Kosher	22.99
Turkey Pastrami	19.99	Salami	19.99
Virginia Ham	17.99	Tic-Tac-Toe	20.95
Chopped Liver Combo Chopped Liver and Choice of 1 Meat	19.95	Chopped Liver, Pastrami & Corned Beef on 3 Challah Rolls	

Combine Any 2 Above 22.99

## OPEN FACED SANDWICHES

Smothered in Gravy Served with Your Choice of Mashed Potatoes or French Fries		
Roast Beef	23.99	Brisket
Fresh Turkey with Cranberry	23.99	23.99

## TRIPLE DECKER CLUB SANDWICHES

Served on White, Wheat, or Rye with Bacon, Lettuce, Tomato and Your Choice of Cole Slaw, Potato Salad or French Fries or Sweet Potato Fries **+\$2.25**, Israeli Salad **+\$3.75**

Egg Salad	18.95
Chicken Salad	18.95
Tuna and Egg Salad	18.95
Turkey and Bacon	19.95

## AVOCADO TOAST 10.95

Served with your choice of Bagel or Bread. Flagel, Onion Board, Onion Pocket or GF **+\$2.50**

Hard Boiled Egg **+\$2**  
2 Eggs Your Way with Tomatoes **+\$6**  
Tuna and Hard Boiled Egg **+\$6** Nova or Lox **+\$8**

## BEVERAGES

Water (bottle)	3.99	Fresh Squeezed Florida Orange Juice Small 4.25 Large 5.95
Perrier	3.99	
Can soda	3.49	
Dr. Brown	3.25	
Snapple	3.95	
Martinelli Apple Juice	4.99	Coffee 3.49 Café Latte 4.75 Capuccino 5.99 Single Espresso 3.50 Double Espresso 4.50 Machiato 3.95
Natalie's OJ, Grapefruit, Lemonade	4.95	Hot Tea 3.49 Herbal Teas 3.49 Iced Coffee or Ice Tea 3.49 Hot Chocolate 3.99 Milk Glass 4.49 Chocolate Milk Glass 5.49 Chocolate Milk Chug 4.00

## SOUPS

Served with Your Choice of Bagel Chips or Crackers

Monday Split Pea  
Tuesday Mushroom  
Wednesday Lentil

Thursday Veggie  
Friday Cabbage

Matzoh Ball  
Chicken Vegetable  
Consomme  
Chicken Noodle  
Cup 5.95  
Bowl 6.95

## FROM THE GRILL

Served with Your Choice of Cole Slaw, Potato Salad or French Fries or Sweet Potato Fries **+\$2.25**,  
Israeli Salad **+\$3.75**

Cove Burger *	13.99	Grilled Cheese	10.49
Beyond Burger (v)	14.99	BLT	12.95
Patty-Melt*	17.49	Reuben	23.99
Burger with your Choice of Cheese and Grilled Onions on Rye with Russian Dressing		Choice of Corned Beef, Pastrami, Turkey, or Turkey Pastrami grilled with Swiss and Sauerkraut on Rye	
Turkey Melt	22.49	Philly Cheesesteak	15.99
Grilled with Your Choice of Cheese on Rye		Sauteed Onions, Mushrooms and choice of Cheese on a Hoagie	
Tuna Melt	19.99	Philly Chicken	15.50
Grilled with Your Choice of Cheese on Rye		Sauteed Onions, Mushrooms and choice of Cheese on a Hoagie	
Chicken Fingers	16.99	Grilled Chicken Sandwich	14.95
Frankfurter	10.99		
Twin Frankfurters	13.99		

Add-ons : Choice of Cheese **+\$2** Bacon **+\$3** Mushroom **+\$2** Tomato **+\$2.50** Meat **+\$4.00**

## SALADS

Served with Your Choice of: Bagel, Bread or Bagel Chips. Flagel, Onion Board, Onion Pocket or GF **+\$2.50**

Caesar	15.99	Garbanzo Bean Salad	18.49
Romaine, Parmesan, Croutons		Israeli Salad with Hardboiled Egg and Tahini	
Tossed Garden	13.49	Greek Salad	17.99
Lettuce, Tomato, Cucumber, Green Pepper, Carrots		Lettuce, Tomato, Onion Cucumber, Green Pepper, Carrots, Feta, and Olives	
Israeli Salad	17.49	Cobb Salad	19.99
Finely Chopped Parsley, Tomato, Cucumber, Tossed in Olive Oil and Lemon Juice		Turkey, Bacon, Lettuce, Tomato, Cucumber, Green Pepper, Carrots, Avocado, Hard Boiled Egg, and Blue Cheese Crumbles	
Salad Add-Ons		Chef's Salad	19.49
Baked Salmon Salad <b>+\$11.95</b>		Turkey and Your Choice of Meat, 2 cheeses and Lettuce, Tomato, Cucumber, Green Pepper, Carrots, Hard Boiled Egg, and Blue Cheese Crumbles	
Shrimp Seafood Salad <b>+\$9.95</b>			
Chicken Breast or Tenders <b>+\$9.95</b>			
Kosher Chicken Salad <b>+\$9.95</b>			
Egg Salad <b>+\$8.95</b>			
Tuna <b>+\$9.95</b>			
Veggie Tuna <b>+\$10.95</b>			
Whitefish Salad <b>+\$11.95</b>			

## SIDES

Sliced Tomatoes (2)	2.00
Plain Cream Cheese, Peanut Butter, Cole Slaw, Potato Salad, Cucumber Salad, Cottage Cheese, Pancake, Olives, Jalapeños, Apple Sauce, Spanish Sauce	3.50
Tofu Cream Cheese (Plain or Chive), Cream Cheese (Any Flavor)	4.75
Half Avocado	3.99
Home Fries, French Fries, Sausage, Turkey Sausage, Canadian Bacon	5.95
Sweet Potato Fries, Farmer's Cheese, Bacon, Ham	6.95